



21.01.2012.

Schedule

(slight changes may apply)

National

16:00	Pole vault	W
16:00	60m/h	M
16:15	60m/h	W
16:30	Long jump	M
16:40	1000m	W
16:50	1000m	M
16:50	High jump	W
17:10	300m	W
17:30	300m	M

Elite

18:00	Opening ceremony	
18:20	Long jump	W
18:25	High jump	M
18:30	Pole vault	M
18:35	1500m	M
18:45	1500m	W
19:00	400m	W
19:15	400m	M
19:40	60m	W
19:50	60m	M

Awards

✓ Elite

- 1st place – 300 EUR
- 2nd place – 150 EUR
- 3rd place – 50 EUR

✓ National

- 1st, 2nd, 3rd place – sponsor gift cards & presents

Travel & accommodation for international athletes

- Athletes' accommodation and travel from/ to Riga international airport, train station, or bus station are covered by meeting organizers.

(Please inform for accommodation necessity dates and travel schedule to arrange pick up and drop off).

- All other expenses should be covered by athlete itself.

Applications

- ✓ Please send the following info of participating athletes by January 10th to Ilze Stukule, e-mail: ilze.stukule@gmail.com or Ieva Zunda, e-mail: ievaaa@gmail.com

Nr	Name, Last name	Date of Birth	Event	Best result in 2011 or 2010	Country

- ✓ Best 8 athletes will participate in **ELITE** events, all other in national events.

Info

- Competition manager: Ieva Zunda
Phone: +371 28382882, e-mail: ieva@sigma.lv
- WEB:
 - www.kuldigasports.lv
 - www.lat-athletics.lv